

| Category | Product Title | Order Quantities | Price |
|-------------|----------------------|------------------------------|-------|
| Fruit & Veg | Alf Alfa Sprouts | Per Tub | N/A |
| Fruit & Veg | Apricots | Per Piece or Per Tub | N/A |
| Fruit & Veg | Asparagus | Per Bunch | N/A |
| Fruit & Veg | Avocado | Per Piece | N/A |
| Fruit & Veg | Baby Cos Lettuce | Per Piece | N/A |
| Fruit & Veg | Baby Carrots | Per Packet | N/A |
| Fruit & Veg | Baby Qukes | Per Packet | N/A |
| Fruit & Veg | Baby Spinach | Per Bag | N/A |
| Fruit & Veg | Bananas | Per Bunch | N/A |
| Fruit & Veg | Beans | Per Tub | N/A |
| Fruit & Veg | Bean Sprouts | Per Bag | N/A |
| Fruit & Veg | Beetroot | Per Bunch | N/A |
| Fruit & Veg | Blackberries | Per Punnet | N/A |
| Fruit & Veg | Blueberries | Per Punnet | N/A |
| Fruit & Veg | Broccoli | Per Piece | N/A |
| Fruit & Veg | Broccolini | Per Bunch | N/A |
| Fruit & Veg | Brown Onion | Per Piece, Net or 5kg Bag | N/A |
| Fruit & Veg | Brushed Potato | Per Piece, Per Kg or 5kg Bag | N/A |
| Fruit & Veg | Buk Choy | Per Bunch | N/A |
| Fruit & Veg | Butternut Pumpkin | Whole or 1/2 | N/A |
| Fruit & Veg | Carrots | Per Piece or 1kg Bag | N/A |
| Fruit & Veg | Carrots (Dutch) | Per Bunch | N/A |
| Fruit & Veg | Cauliflower | ½ or Whole | N/A |
| Fruit & Veg | Celery | ½ or Whole | N/A |
| Fruit & Veg | Cherries | 500g Tub or 2kg Box | N/A |
| Fruit & Veg | Cherry Tomatoes | Per Punnet | N/A |
| Fruit & Veg | Chinese Broccoli | Per Bunch | N/A |
| Fruit & Veg | Corn | Per Cob | N/A |
| Fruit & Veg | Cucumber | Per Piece or Per Bag | N/A |
| Fruit & Veg | Cucumber (Telegraph) | Per Piece | N/A |



| Category | Product Title | Order Quantities | Price |
|-------------|-----------------------|-------------------------------------|-------|
| Fruit & Veg | Desiree Potato | 1kg Bag or 5kg Bag | N/A |
| Fruit & Veg | Eggplant | Per Piece | N/A |
| Fruit & Veg | Fennel | Per Piece | N/A |
| Fruit & Veg | Grapes - Green & Red | Per Tub | N/A |
| Fruit & Veg | Grape Tomatoes | Per Punnet | N/A |
| Fruit & Veg | Green Apples | Small Bag | N/A |
| Fruit & Veg | Green Cabbage (Plain) | 1/4, 1/2 or whole | N/A |
| Fruit & Veg | Green Cabbage (Savoy) | 1/4, 1/2 or whole | N/A |
| Fruit & Veg | Green Capsicums | Per Piece | N/A |
| Fruit & Veg | Heirloom Tomatoes | Per Punnet | N/A |
| Fruit & Veg | Iceberg Lettuce | Per Iceberg | N/A |
| Fruit & Veg | Jap Pumpkin | 1/4, 1/2 or whole | N/A |
| Fruit & Veg | Kale | Per Bunch | N/A |
| Fruit & Veg | Leeks | Per piece | N/A |
| Fruit & Veg | Lemons | Individual or Net | N/A |
| Fruit & Veg | Limes | Individual | N/A |
| Fruit & Veg | Lychees | 500g Tub | N/A |
| Fruit & Veg | Mangoes | Per Mango, Small Tray or Large Tray | N/A |
| Fruit & Veg | Mug Beans | Per Tub | N/A |
| Fruit & Veg | Mushrooms (White) | Per Bag | N/A |
| Fruit & Veg | Nectarines | Per Piece or Per Tub | N/A |
| Fruit & Veg | Oranges | Per Net | N/A |
| Fruit & Veg | Pears | Per Bag | N/A |
| Fruit & Veg | Peaches | Per Piece or Per Tub | N/A |
| Fruit & Veg | Pineapples | ½ or Whole | N/A |
| Fruit & Veg | Pink Lady Apples | Small Bag | N/A |
| Fruit & Veg | Plums | Per Piece or Per Tub | N/A |
| Fruit & Veg | Radish (Red) | Per Bunch | N/A |
| Fruit & Veg | Radish (White) | Per Piece | N/A |
| Fruit & Veg | Raspberries | Per Punnet | N/A |



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|-----------------|---|---------------------------|--------------|
| Fruit & Veg | Red Cabbage | 1/4, 1/2 or Whole | N/A |
| Fruit & Veg | Red Capsicums | Per Piece | N/A |
| Fruit & Veg | Rhubarb | Per Bunch | N/A |
| Fruit & Veg | Rocket | Per Bag | N/A |
| Fruit & Veg | Rockmelons | ½ or Whole | N/A |
| Fruit & Veg | Roma Tomatoes | Per Piece or Per Bag | N/A |
| Fruit & Veg | Royal Gala Apples | Per Bag | N/A |
| Fruit & Veg | Salad Mix | Per Bag | N/A |
| Fruit & Veg | Shallots | Per Bunch | N/A |
| Fruit & Veg | Snow Peas | Per Tub | N/A |
| Fruit & Veg | Snow Pea Sprouts | Per Bag | N/A |
| Fruit & Veg | Spanish Onion | Per Piece, Net or 5kg Bag | N/A |
| Fruit & Veg | Spinach (English) | Per Bunch | N/A |
| Fruit & Veg | Spinach (Silverbeet) | Per Bunch | N/A |
| Fruit & Veg | Strawberries | Per Punnet | N/A |
| Fruit & Veg | Sugar Snap Peas | Per Tub | N/A |
| Fruit & Veg | Sweet Potato | Per Piece | N/A |
| Fruit & Veg | Tomatoes | Per Piece or Per Bag | N/A |
| Fruit & Veg | Washed Potato | 1kg Bag or 5kg Bag | N/A |
| Fruit & Veg | Watermelon | 1/4, 1/2 or Whole | N/A |
| Fruit & Veg | Yellow Capsicums | Per Piece | N/A |
| Fruit & Veg | Zucchini | Per Piece or Per Bag | N/A |
| Grocery (Other) | Banana Bread | Per Loaf | \$6.49 |
| Grocery (Other) | Eggs (Barn) | Per Tray (30 Eggs) | \$13.50/Tray |
| Grocery (Other) | Eggs (Free Range) | Per Dozen | \$6.50 |
| Grocery (Other) | Toasted Muesli - Salted Caramel and Ginger Nut | 450g | \$12.95 |
| Grocery (Other) | Organic Toasted Muesli - Nuts, Honey & Chia | 450g | \$14.80 |
| Grocery (Other) | Organic Tosted Muesli - Gluten Free Nutty Clusters | 400g | \$15.60 |
| Grocery (Other) | Organic Toasted Muesli - Paleo Fruit and Nut | 450g | \$23.50 |
| Grocery (Other) | Organic Toasted Muesli - Coconut Rough with Berries | 450g | \$14.80 |



| Category | Product Title | Order Quantities | Price |
|-----------------|---|--|-----------------|
| Grocery (Other) | Toasted Muesli - Australian Honey & Coconut | 450g | \$12.95 |
| Grocery (Other) | Toasted Muesli - Honey Nut Crush | 425g | \$12.95 |
| Grocery (Other) | Granola Vanilla Maple Clusters | 450g | \$12.95 |
| Grocery (Other) | Organic Spicy Rub | 60g | \$8.80 |
| | | - | |
| Grocery (Other) | Organic Mediterranean Zesty Seasoning | 60g | \$7.95 |
| Grocery (Other) | Organic Max Mexican - Taco Seasoning | 60g | \$7.90 |
| Grocery (Other) | Organic Italian Herb Mix | 30g | \$5.00 |
| Grocery (Other) | Organic Bay Leaves | 15g | \$3.50 |
| Grocery (Other) | Organic Oregano Leaf Flakes | 25g | \$3.45 |
| Grocery (Other) | Organic Australian BBQ Seasoning | 60g | \$7.95 |
| Grocery (Other) | Milk Lab | 1L (Milk Lab Lactose Free Long Life Milk) | \$4.99 |
| Grocery (Other) | Milk Lab | 1L (Milk Lab Long Life Almond Milk) | \$4.99 |
| Grocery (Other) | Riverina Milk | 2L (Lite, Skim or Full Cream) | \$4.40 |
| Grocery (Other) | Riverina Milk | 2L (Full Cream Lactose Free) | \$5.00 |
| Grocery (Other) | Riverina Thickened Cream | 250mL or 500mL | \$4.00/\$5.80 |
| Grocery (Other) | Norco Sour Cream | 250g | \$5.50 |
| Grocery (Other) | Western Star Soft Blend (Butter) | 375g | \$6.49 |
| Grocery (Other) | Spitfire Coffee Beans | 500g or 250g Legend Blend Whole Beans | \$21.95/\$13.95 |
| Grocery (Other) | Spitfire Coffee Beans | 500g or 250g Pilots Blend Whole Beans | \$21.95/\$13.95 |
| Grocery (Other) | Spitfire Coffee Beans | 500g or 250g Legend Blend Ground Beans | \$21.95/\$13.95 |
| Grocery (Other) | Spitfire Coffee Beans | 500g or 250g Pilots Blend Ground Bean | \$21.95/\$13.95 |
| Grocery (Other) | The Biltong Man Biltong | 40g Bag (Traditional, Old Fashioned Smoked, Chilli) | \$4.99 |
| Grocery (Other) | The Biltong Man Biltong | 100g Bag (Traditional, Old Fashioned Smoked, Mango and Chilli, Chilli, Teriyaki, Sea Salt and Vinegar) | \$8.99 |
| Grocery (Other) | Multigrain Bread | Per Multigrain Slice Loaf | \$4.00 |
| Grocery (Other) | White Bread | Per White Slice Loaf | \$4.00 |
| Grocery (Other) | Wholemeal Bread | Per Wholemeal Slice Loaf | \$4.00 |
| Grocery (Other) | Vienna Sourdough Bread | Per Sourdough Loaf | \$5.00 |
| Grocery (Other) | Knot Rolls | 6 Pack | \$4.00 |
| Grocery (Other) | Round Rolls | 6 Pack | \$4.00 |
| Grocery (Other) | Cob Sourdough Loaf | Per Loaf | \$5.00 |



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|-----------------|--|---|----------------|
| Grocery (Other) | Cheese & Bacon Rolls | 6 Pack | \$7.00 |
| Grocery (Other) | True Blue Mudgee Honey | 500g Jar, 1kg Tub or 1.5kg Squeeze Bottle | \$10/\$15/\$18 |
| Grocery (Other) | Giovanni Finest Honeycomb | Per Tub | \$12.50 |
| Grocery (Other) | S&R Pastizzi Ricotta, Curried Peas | 12 Pack | \$11.00 |
| Grocery (Other) | S&R Pastizzi Bolognese, Spiced Apple, Frankie Puffs, Ricotta Spinach & Onion | 12 Pack | \$12.00 |
| Grocery (Other) | S&R Puff Pastry Roll | 1kg | \$12.00 |
| Grocery (Other) | Water | 12 x 600mL | \$4.50 |
| Grocery (Other) | Water | 20 x 250mL | \$7.00 |
| Herbs & Spices | Basil | Per Bunch | N/A |
| Herbs & Spices | Chives | Per Bunch | N/A |
| Herbs & Spices | Coriander | Per Bunch | N/A |
| Herbs & Spices | Dill | Per Bunch | N/A |
| Herbs & Spices | Garlic | Per Head | N/A |
| Herbs & Spices | Ginger | Per Piece | N/A |
| Herbs & Spices | Lemon Grass | Per Piece | N/A |
| Herbs & Spices | Long Hot Chilli (Red or Green) | Per Piece | N/A |
| Herbs & Spices | Mint | Per Bunch | N/A |
| Herbs & Spices | Parsley | Per Bunch | N/A |
| Herbs & Spices | Thyme | Per Bunch | N/A |
| Herbs & Spices | Turmeric | Per Piece | N/A |
| Juice | East Coast - Apple Juice | 400mL or 2L Bottle | \$2.50/\$5.50 |
| Juice | East Coast - Apple and Blackcurrant Juice | 400mL | \$2.50 |
| Juice | East Coast - Carrot Jive | 400mL or 1L Bottle | \$3.00/\$5.00 |
| Juice | East Coast - Cloudy Apple Juice | 2L | \$5.50 |
| Juice | East Coast - Country Lemonade | 2L | \$5.50 |
| Juice | East Coast - Cranberry Juice | 2L | \$6.50 |
| Juice | East Coast - Kiwi Smoothie | 400mL or 1L Bottle | \$3.00/\$5.00 |
| Juice | East Coast - Mango Nectar | 2L | \$5.50 |
| Juice | East Coast - Orange & Mango Juice | 400mL or 2L Bottle | \$2.50/\$5.50 |
| Juice | East Coast - Orange & Passionfruit Juice | 400mL or 2L Bottle | \$2.50/\$5.50 |



| Category | Product Title | Order Quantities | Price |
|-----------|-------------------------------------|--------------------------|---------------|
| Juice | East Coast - Orange Juice | 400mL or 2L Bottle | \$2.50/\$5.50 |
| Juice | East Coast - Pineapple Juice | 2L Bottle | \$5.50 |
| Juice | East Coast - Wake Up Shake Up Juice | 400mL or 2L Bottle | \$2.50/\$5.50 |
| Pre-Packs | Fruit Salad Bowl | Per Tub | \$9.99 |
| Pre-Packs | Fruit Cups | Per Tub | \$3.99 |
| Pre-Packs | Asian Noodle Salad | Per Tub | \$6.99 |
| Pre-Packs | Greek Salad | Per Tub | \$9.99 |
| Pre-Packs | Toss Salad | Per Tub | \$9.99 |
| Pre-Packs | Coleslaw | Per Tub (Small & Medium) | \$3.99/\$5.49 |
| Pre-Packs | Casear Salad | Per Tub | \$9.99 |
| Pre-Packs | Roast Pumpkin Pack | Per Tub | \$3.49 |
| Pre-Packs | Zoodles | Per Tub | \$3.99 |
| Pre-Packs | BBQ Pack | Per Tray | \$4.99 |
| Pre-Packs | Roast Veggie Pack | Per Tray | \$6.99 |
| Pre-Packs | Stir Fry Packs | Per Tub | \$7.99 |